

2013 Mattresses

What dreams may come?

ALL BROCHURE PRICES ARE MAXIMUM PRICES VALID UNTIL 21 JULY 2013
(PRICES ARE SUBJECT TO ANY ALTERATION IN VAT)

BEKKESTUA/SULTAN HEGGEDAL/
SULTAN TORÖD/SULTAN ATLÖY
mattress combination

£1342



Welcome to the land of nod

We want you to breathe gently, and relax. Slowly, muscle by muscle, sinew by sinew. From your face and neck, out across your shoulders then all along your spine, and right down to the tips of your toes.

No, it isn't your Thursday yoga class. It's finding the right sleep comfort. Snuggling down into the fluffy embrace of a divine duvet. A pillow soft against your cheek, holding your head just so. You're not even aware of a mattress beneath you. Just the lightness of being, as you drift into sleep. And of feeling simply wonderful when you wake up in the morning.

Welcome to the world of IKEA comfort.

TIPS & ADVICE

There are soft, medium and firm mattresses. To know which feels best to you, you need to try them out. Read our weight and height guide and our tips for testing mattresses. **04**

There are sprung, foam and latex mattresses. Read about each material and choose the one that feels best to you. **08**

There are all-in-one beds, continental beds and beds with a slatted base. Read about the different bed combinations and choose the style you like the most. **10**

MATTRESSES	12
PILLOWS & QUILTS	22
QUILT COVERS	28
BED FRAMES	30
PRICE LIST	32
GUARANTEES & SERVICES	34

Dreamscape

Wherever you go to in your dreams, go to IKEA to find your perfect bed. Because our designers know all about comfort, and deep, restful sleep. The best piece of advice we can offer those of you looking for a bed is to read our tips, and come to the store to experience the reality of comfort. The softness of a mattress and how pliable it is. The quality of the materials, and the support and pressure relief each design of bed provides. Dreams may be a figment of your imagination. But comfort is definitely not.

EMELINA ROS single quilt cover set*

£45/3pcs

EMELINA ROS single quilt cover set £45/3pcs 100% lyocell.
Quilt cover 150×200cm. 2 pillowcases 50×80cm. Pink. 601.985.07*

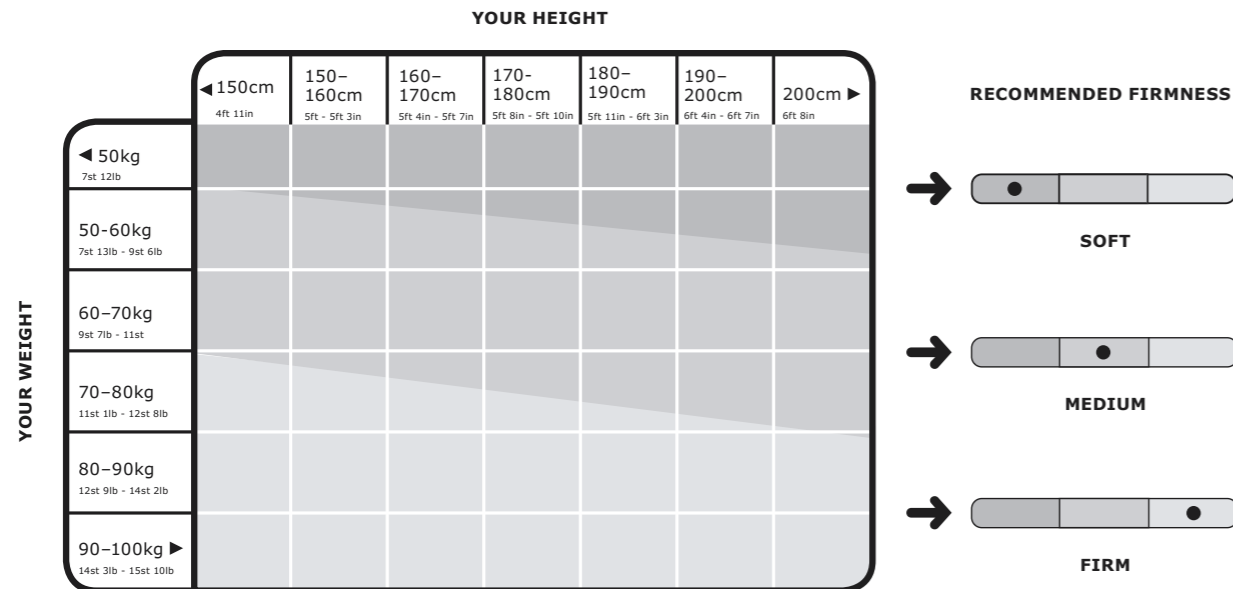
*Available in selected IKEA stores. Contact your local store for details.

Soft, medium, firm? It all depends on you

We are all individuals, with individual shapes, sizes and sleeping habits. That's why IKEA mattresses are available in three different types of firmness: soft, medium and firm.

The weight and height table gives you a basic idea

The table below gives you a brief guide to how firm a mattress you need. Why not pick two different levels of firmness that are suitable for your weight and height and try them both. The key thing is for the mattress to mould to your body and give support and pressure relief.



Your sleeping position is important

Your body needs a different amount of support depending on whether you sleep mostly on your stomach, your back or your side – so your mattress needs the appropriate level of firmness. How do you sleep?



If you tend to sleep on your side, you might like to try a **softer mattress** and a high pillow that allows your shoulders and hips to sink down while the rest of your body is supported.



If you sleep on your back most of the time, you could need a slightly **firmer mattress** and use a medium high pillow that provides better support for your neck and the small of your back.



If you mostly sleep on your stomach, then you ought to pick a **firmer mattress** and use a lower pillow that reduces the strain on your neck muscles.

If you would like to read more about our mattresses and use our interactive mattress guide, you can go to [IKEA.co.uk/mattressguide](https://www.ikea.co.uk/mattressguide)



Trying mattresses at the store

The only way to know which mattress feels best for you is to come to the store for a bit of a lie-down.

- Take your time. Lie down for at least 10 minutes.
- Make yourself comfortable, take off your coat, get into your preferred sleeping position. Make sure that you have a pillow and snuggle down like you would at home.
- Try lots of mattresses! When you feel comfy on the bed – not merely perched on top or sinking right into it- that's when you've found the right mattress. Ask our trained staff in the bed department for help.



Both foam and latex are very flexible materials with the ability to regain and retain their original form.

FREE
25
Year
Guarantee

SULTAN mattresses have a **free 25-year guarantee**
Find out more on page 34

Sprung, foam or latex? Just ask your body

There are three different mattress materials to choose from. Some people prefer sprung mattresses, while some like foam and others latex. You are the only person who can decide what feels best for you.

Sprung

Sprung mattresses have extremely good resilience and excellent ventilation. There are three different types of sprung mattress to choose from.

Bonell springs are shaped like an hourglass. They are the simplest of our springs and give good support.

Pocket springs move independently of each other and give support that closely follows how your body moves.

Active pocket springs react to different centres of gravity in your body and distribute the pressure evenly, providing support precisely where your body needs it.

Foam

Foam moulds itself to your body and provides firm support while also being soft and resilient. Foam mattresses are available in three different types of foam and even have washable covers made from stretch fabric.

Polyurethane foam is flexible, pliable and retains its shape well. It is made in different densities to suit different body weights.

High elastic foam is denser than polyurethane foam. It is better suited to heavier body weights and provides more precise support.

Memory foam moulds itself to the contours of your body and provides optimum pressure distribution. This improves blood circulation to muscles and skin, letting you sleep more deeply and allowing you to relax completely.

Latex

Latex is a natural material manufactured from sap produced by the rubber tree, and also synthetically. Latex provides precise support to the whole body and is both pliable and strong. The material also promotes air circulation and carries away moisture. Natural latex is softer, but which type will suit you best is more a question of taste.



Three ways to make your bed and lie on it

Would you like to sleep on a double mattress and experience extra comfort? Then perhaps a continental bed is what you need. Or do you like to sit up in bed and read for hours on end? In that case, you should have an adjustable slatted bed base. Our range of mattresses is divided into these three bed styles: continental beds, all-in-one beds and beds with a slatted base. They're all different, but with a single objective: your comfort.



01

02

MALIN RUND
king-size quilt cover set

£30/5pcs

03

- 01 **TRÅL floor/reading lamp £26** Powder-coated steel and aluminium. Ø9, H135cm. Base: Ø23cm. White. 001.706.86
- 02 **MALIN RUND king-size quilt cover set £30/5pcs** 100% cotton. Quilt cover 240×220cm. 4 pillowcases. 50×80cm. Multicoloured. 702.249.21
- 03 **GURLI throw £10** 70% acrylic, 30% polyester. 120×180cm. White/beige. 902.049.03

Continental beds

A continental bed consists of a sprung mattress with a mattress base and mattress topper. Add some low legs and your continental bed is complete. It is not suitable for use with a bed frame.



Bed frames with slatted bases

You can have a bed with a slatted base by combining a sprung, foam or latex mattress with a slatted bed base. If you choose a sprung mattress, you can also opt to add a mattress topper. Complete the bed by choosing a bed frame.



Beds with storage

SULTAN ALSARP mattress base with storage is easy to open and close, thanks to something special called a gas feather. You just lift the mattress and base together, in one simple action to reveal the spacious storage capacity beneath.





The natural materials give you the ultimate in sleep comfort! great support, good pressure distribution and ventilation and a pleasant sleeping climate with an even temperature.

new SULTAN TORÖD king-size mattress topper £300

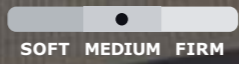
Natural materials like natural latex and cotton carry away moisture and give a very pleasant sleeping environment with an even temperature. A 4cm thick layer of natural latex provides very high pressure-relieving capacity, enabling your body to relax more fully. Stretch-knit ticking gently gives as you move in bed, in response to your body's shape. 160x200cm, H7cm. Light grey. 001.884.79

new SULTAN HASLUM pocket sprung king-size mattress £600

Natural materials like natural latex, horse hair, cotton, wool and lyocell provide extra comfort and give a very pleasant sleeping environment with an even temperature. Pocket springs provide precise support for your body. 5 comfort zones relieve pressure on your shoulders and hips. Stretch-knit ticking gently gives as you move in bed, in response to your body's shape. The spring construction allows air to flow freely, giving an agreeable sleeping climate. 160x200cm, H26cm. Light grey. 801.806.29

SULTAN ATLÖY king-size mattress base £270

The springs provide support for your body. A mattress base gives a bed that stands higher from the floor, making it easier to get in and out of bed. 160x200cm, H26cm. Light grey. 401.603.84



Medium sprung mattresses

Here are our medium sprung mattresses for your continental bed. Use the table on page 6 to help you see which firmness you need.

SULTAN HJELMÅS pocket sprung single mattress £200

A 4.5cm thick layer of latex in the integrated mattress pad provides high pressure-relieving capacity, enabling your body to relax more fully. Pocket springs provide precise support for your body. Firmness: medium. 90x200, H26cm. White. 201.566.65

SULTAN ALSARP single mattress base with storage £140

17 slats of layer-glued birch provide support for your body. 90x200, H20cm. White. 000.988.84



SULTAN TJÖME single mattress topper £60

High-resilience foam with pressure-relieving capacity provides good comfort. Roll-packed, easy to take home. 90x200, H5cm. White. 601.630.94

new SULTAN HAGAVIK active pocket sprung single mattress £140

Active pocket springs provide very precise body support and relieve pressure on your shoulders and hips. Foam filling provides a soft surface. Firmness: medium. 90x200, H22cm. Light grey. 601.562.96

SULTAN AUKRA single mattress base £100

The springs provide support for your body. SULTAN mattress bases and mattresses match, so your entire bed set will have a coordinated look. 90x200, H20cm. Light grey. 001.587.74



SULTAN TÄRSTA single mattress topper £40

Foam filling provides a soft surface. Roll-packed, easy to take home. 90x200, H4cm. Dark grey. 701.556.87

SULTAN HARESTUA sprung single mattress £60

The springs provide support for your body. The spring construction allows air to flow freely, giving an agreeable sleeping climate. Reversible. Firmness: medium. 90x200, H17cm. Dark grey. 201.565.90

SULTAN AKSDAL single mattress base £80

Solid wood slats offer firm posture support. A mattress base gives a bed that stands higher from the floor, making it easier to get in and out of bed. SULTAN mattress bases and mattresses match, so your entire bed set will have a coordinated look. 90x200, H18cm. Dark grey. 801.531.93



You'll find all the sizes and prices in our price list on page 32



SULTAN TJÖME/
SULTAN HAGAVIK/
SULTAN AUKRA
single mattress combination

£300



FREE
25
Year
Guarantee

SULTAN mattresses have a free 25-year guarantee. Find out more on page 34



- 01 **ÅRSTID table lamp £21**
Textile shade gives a diffused and decorative light. Shade Ø9cm. H56cm. 501.638.72
- 02 **HEMNES bedside tables £40/ea**
Laminate (melamine foil). 46x35, H70cm. White. 701.212.30
- 03 **SULTAN HAMNVIK active pocket sprung king-size mattress £260** Latex in the wadding provides high pressure-relieving capacity, enabling your body to relax more fully. To be completed with a slatted bed base or a mattress base. Firmness: firm. 160x200, H25cm. Light grey. 701.563.47

SOFT MEDIUM **FIRM**

03 **SULTAN HAMNVIK active pocket sprung king-size mattress**

£260

FREE
25
Year
Guarantee

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Find out more on page 34

Firm sprung mattresses

Here are our firm sprung mattresses for your continental bed. Use the table on page 6 to help you see which firmness you need.

SULTAN HEGGEDAL pocket sprung double mattress £540
Natural materials like natural latex, horsehair, cotton, wool and lyocell provide extra comfort and give a very pleasant sleeping environment with an even temperature. To be completed with a slatted bed base or a mattress base. 140x200, H26cm. Light grey. 201.806.51

SOFT MEDIUM **FIRM**

SULTAN HJARTDAL pocket sprung double mattress £340
A 4.5cm thick layer of memory foam in the integrated mattress pad moulds to your body, improving blood circulation to muscles and skin and enabling your body to relax more fully. To be completed with a slatted bed base or a mattress base. 140x200, H26cm. White. 801.566.86

SOFT MEDIUM **FIRM**

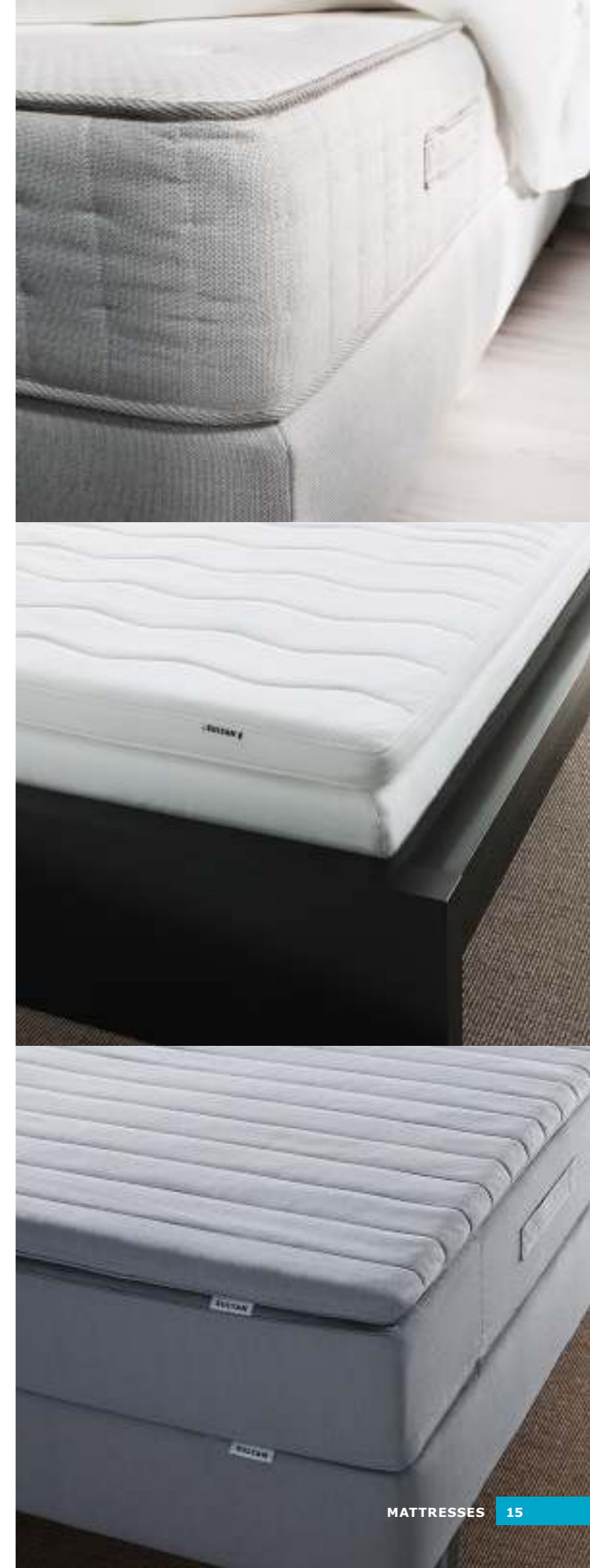
SULTAN TÅRSTA double mattress topper £60
Foam filling provides a soft surface. Roll-packed, easy to take home. 140x200, H4cm. Dark grey. 601.556.83

SULTAN HUGLO sprung double mattress £100
Springs and extra wadding provide support for your body. The spring construction allows air to flow freely, giving an agreeable sleeping climate. Reversible. Firmness: firm. 140x200, H17cm. Dark grey. 601.563.76

SULTAN AKSDAL double mattress base £100
Solid wood slats offer firm postural support. A mattress base gives a bed that stands higher from the floor, making it easier to get in and out of bed. SULTAN mattress bases and mattresses match, so your entire bed set will have a coordinated look. 140x200, H18cm. Dark grey. 701.588.55

SOFT MEDIUM **FIRM**

You'll find all the sizes and prices in our price list on page 32



Beds with slatted bases

Here are our foam and latex mattresses for those who want to put their mattress on a firm slatted bed base. Maybe on an adjustable one, if you also like to sit up in bed, reading, watching tv or simply having a nice long natter at the weekend. The mattresses are all medium. Foam and latex mattresses are also suitable for use in a continental bed.



Would you like to have a slatted bed base with manual or electric control? With the electric model all you need to do is press a button on a remote control to adjust both ends.

FREE
25
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Guarantee

SULTAN mattresses have a **free 25-year guarantee**. Find out more on page 34

- 01 **FARKOST wall lamps £22/ea** Nickel-plated steel, brushed finish. 16x19cm. 801.809.07
- 02 **GÅSPA king-size fitted sheet £26** 100% Combed cotton. 160x200cm. White. 101.203.75
- 03 **HENRIKA cushion covers £5/ea** 100% polyester. 50x50cm. Pink. 401.933.70

Slatted bed base

You will need a slatted bed base for a foam or latex mattress. This adds a little extra to your sleeping comfort. Find more slatted bed bases in store or at IKEA.co.uk

SULTAN LANGHUS single slatted bed bases £270/ea
30 slats of layer-glued birch provide very precise body support. Electric motor with remote control adjusts head and foot sections, either together or separately, allowing you to sit comfortably. 3 comfort zones relieve pressure on your shoulders and hips. 90x200cm. 001.629.07



Medium foam and latex mattresses

Here are our medium foam and latex mattresses for your slatted bed base. Use the table on page 6 to help you see which degree of firmness you need.

new SULTAN ENGENES latex single mattress £260
An 18cm thick blend of natural and synthetic latex provides good pressure-relieving capacity, enabling your body to relax more fully. 5 comfort zones relieve pressure on your shoulders and hips. Machine washable cover, easy to keep clean. Firmness: medium. 90x200, H18cm. White. 101.399.83



SULTAN FLOKENES single mattress £300
A 7cm thick layer of memory foam moulds to your body, improving blood circulation to muscles and skin and enabling your body to relax more fully. 5 comfort zones relieve pressure on your shoulders and hips. Lambswool in the filling and modal in the ticking transport moisture away and give a pleasant sleeping climate with an even temperature. Machine washable cover. Firmness: medium. 90x200, H22cm. White. 701.399.18



SULTAN FONNES single mattress £80
Get all-over support and comfort with a resilient foam mattress. Reversible. Use both sides to keep the mattress fresh and to prolong optimal comfort. Firmness: medium. 90x200, H12cm. White. 701.444.20



SULTAN FLORVÅG single mattress £60
Machine washable cover, easy to keep clean. Reversible. Use both sides to keep the mattress fresh and to prolong optimal comfort. Firmness: medium. 90x200cm, H10cm. 101.397.42



You'll find all the sizes and prices in our price list on page 32



new SULTAN FÄVANG polyurethane foam king-size mattress **£180** Get all-over support and comfort with a resilient foam mattress. 160x200, H25cm. White. 301.444.36

SOFT MEDIUM FIRM

SULTAN FÄVANG polyurethane foam king-size mattress

£180

FREE
25
Year
Guarantee

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Find out more on page 34

Foam and latex mattresses

Here are our foam and latex mattresses for your slatted bed base. Use the table on page 6 to help you see which degree of firmness you need.

new SULTAN ELSFJORD latex double mattress **£260**

14cm latex provides good pressure-relieving capacity, enabling your body to relax more fully. 140x200, H14cm. White. 001.444.14

SOFT MEDIUM FIRM

SULTAN FLATÅKER polyurethane foam double mattress **£140**

A firm mattress with cut cells providing pressure-relieving capacity. Machine washable cover, easy to keep clean. To be completed with a slatted bed base or a mattress base. 140x200, H14cm. White. 101.397.75

SOFT MEDIUM FIRM

SULTAN FOSSING latex/foam double mattress **£300**

Get all-over support and comfort with a resilient foam mattress. Reversible. Machine washable cover, easy to keep clean. 140x200, H18cm. White. 201.444.32

SOFT MEDIUM FIRM

You'll find all the sizes and prices in our price list on page 32
*Available in selected IKEA stores. Contact your local store for details.

Long live the mattress!

Your new bed will stay fresh and inviting for a long time, particularly if you use a mattress topper and a mattress protector.



Mattress toppers

A mattress topper provides you with extra comfort to give you a soft sensation beyond your wildest dreams.

- 01 **new SULTAN TJÖME single mattress topper £60** High resilience foam with pressure-relieving capacity provides good comfort. Easy-care, removable, machine washable cover. Roll-packed, easy to take home. 90×200, H5cm. White. 601.630.94
- 02 **SULTAN TORÖD single mattress topper £180** Natural materials like natural latex and cotton carry away moisture and give a very pleasant sleeping environment with an even temperature. A 4cm thick layer of natural latex provides very high pressure-relieving capacity, enabling your body to relax more fully. Stretch-knit ticking gently gives as you move in bed, in response to your body's shape. 90×200, H7cm. Light grey. 401.884.82
- 03 **SULTAN TÄRSTA single mattress topper £40** Foam filling provides a soft surface. Roll-packed, easy to take home. 90×200, H4cm. Dark grey. 701.556.87
- 04 **SULTAN TAFJORD single mattress topper £100** A 6cm thick layer of memory foam moulds to your body, improving blood circulation to muscles and skin and enabling your body to relax more fully. Lyocell in the cover transports moisture away and gives a very pleasant sleeping climate with an even temperature. Easy-care, removable, machine washable cover. 90×200, H7cm. White. 301.556.32

Tips and advice!

- Turn your mattress topper occasionally and it will last even longer.
- Use a vacuum cleaner on your mattress every now and then.
- Remove stains with a solution of cold water and mild soap, or use a textile cleaning agent sparingly.
- Almost all of our mattress toppers have a removable cover that is machine washable.
- Even the best mattresses can attract mites and become less comfortable over time. So although we offer a free 25-year guarantee, we do recommend that you change your mattress every eight to ten years.

Mattress protectors

An extra level of protection for the mattress against spillages and wear. Machine washable.

- 05 **new SKYDDA MJUK single mattress protector £40** Temperature-regulating non-woven with 50% lyocell/50% polyester. Outer fabric in 100% lyocell. 90×200cm. 301.483.40
- 06 **IKEA 365+ SKYDDA single mattress protector £20** 50% lyocell/50% polyester. Outer fabric in 55% lyocell/45% cotton. 90×200cm. 101.483.36
- 07 **SKYDDA HÖGT single mattress protector £9** 80% cotton/20% polyester. 90×200cm. 901.527.77
- 08 **SKYDDA LÄTT single mattress protector £3** Polyester fibre. Outer fabric 52% polyester/48% cotton. 90×200cm. 401.405.41

You'll find all the sizes and prices in our price list on page 32



Think about height when choosing a pillow

Our pillows are available in three heights: low, medium-high and extra-high. Which height is best for you depends on how you like to sleep: on your back, stomach or side. The pillows are available with three different filling materials, each with slightly different properties. There are lots more to choose from in store or online at [IKEA.co.uk](https://www.ikea.co.uk)



Turn the pillow when you want to change sleeping position. Use the high part when you want to sleep on your side, and the low part when you want to sleep on your back.



If you usually sleep on your side, then it's best to have an **extra-high pillow**. It keeps your head and neck aligned with your spine, and allows you to lie straight and completely relaxed.



If you usually sleep on your back, then it's best to have a **medium-high pillow**. It gives your head and neck the right support so that your whole body can relax properly.



We don't recommend sleeping on your stomach. Doing this means your muscles can't relax and it can lead to you suffering from neck pain. If you tend to sleep on your stomach, you should try and find another sleeping position which you find comfortable. Use a **low pillow** while you are doing this. This reduces the pressure on your neck and the muscle strain will also subside.

- 01 **new GOSA PINJE pillow £15** For stomach sleepers. Filling: 90% duck feathers, 10% duck down. Lining: 100% cotton. A low feather pillow if you prefer sleeping on your stomach. Your neck will be bent less, and strain on your muscles will be reduced. Filling with a large portion of feathers adds resilience and transports moisture away. Machine wash 60°C. 50x80cm. 602.173.65
- 02 **GOSA VIDE/KÄRNA pillow £32** For side sleepers. Outer pillow for core: outer/inner fabric: 100% cotton; lining: temperature regulating non-woven polyester. Filling: 100% polyester microfibre. Pillow core, side sleeper: cover: 100% polyester; filling: polyurethane memory foam. Place a core pillow made of temperature and weight sensitive foam inside an extra-soft outer pillow with temperature regulating lining. The cotton outer fabric breathes and helps to keep the pillow cool and dry. The outer pillow is machine washable. 50x80cm. 798.497.40
- 03 **GOSA VÄDD pillow £6** For back sleepers. Filling: polyester fibre balls. Outer fabric: 65% polyester, 35% cotton. Easy to care for and dries quickly. A medium-high synthetic pillow if you prefer sleeping on your back. Provides support to your head and neck and reduces strain on your muscles. Machine wash 60°C. 50x80cm. 501.291.47
- 04 **IKEA 365+ FAST pillow £20** For side/back sleepers. Filling: polyurethane memory foam. Cover: 55% lyocell, 45% cotton, polyester/lyocell fibre wadding, non-woven polypropylene. Machine wash 60°C. A firm pillow with a shape that follows the contours of your neck. 33x50cm. 301.316.03
- 05 **new GOSA HASSEL pillow £16** For side sleepers. Filling: polyurethane memory foam. Cover: 65% polyester, 35% cotton, polyester wadding, non-woven polypropylene. Machine wash 60°C. A high synthetic pillow if you prefer sleeping on your side; keeps your head, neck and spine aligned and straight, so you can relax. 50x80cm. 501.252.91
- 06 **GOSA RAPS pillow £35** For back sleepers. Filling: 60% duck down, 40% duck feathers. Lining: 100% cotton. A medium-high down pillow for if you prefer sleeping on your back. Provides support to your head and neck and reduces strain on your muscles. Machine wash 60°C. 50x80cm. 402.173.66

Tips and advice!

- Take your pillows outside and give them a good shake.
- Use pillow protectors that you can wash often.
- Down and feather pillows: machine wash twice a year at 60 degrees with 1/3 of the usual amount of detergent. Tumble dry them until completely dry. Don't beat the pillow because it will destroy the natural properties of the filling.
- Synthetic and cellulose pillows: since these can be washed as often as you like, they are suitable for people with allergies. Wash at 60 degrees and tumble dry thoroughly.

- 01 **ÄRSTID wall lamps £16/ea** Wall plate/arm: nickel-plated, brushed steel. Shade: 70% polyester, 30% cotton. Ø16, D38cm. Nickel-plated/white. 601.638.81
- 02 **new LEIRVIK king-size bed frame with slatted bed base £120** Space under the bed can be utilised with our bed storage boxes. Powder-coated steel. 168x209, H146cm. Takes mattress size 160x200cm. Mattress and bedlinen sold separately. White. 598.876.29
- 03 **URSULA cushion cover £13** 100% ramie. 65x65cm. Beige. 402.006.91
- 04 **new EMMIE RUTA single quilt cover set £25/3pcs** 100% cotton. Quilt cover 150x200cm. 2 pillowcases 50x80cm. Beige/white. 602.199.63



In the heat of the night

Think about temperature when choosing your quilt. Ours come in three variants: summer, winter and year-round quilts. Also, they're available with different fillings. We have tog ratings from 4.5, which is the coolest, to 12, which is the warmest. Make your choice based on how warm or cold you tend to get at night. There are lots more to choose from in store or online at IKEA.co.uk



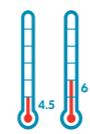
01 **MYSA VETE**
single quilt
£70

*Year-round quilt – three in one!
A cool summer quilt and a slightly thicker one. Put them together and you have an extra-warm winter quilt, too.*

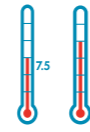
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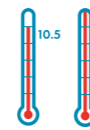
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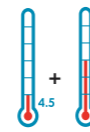
This heat classification is for **cool quilts** 4.5 or 6 tog. If you often get hot at night, wake up because you have thrown off the quilt or sleep in a warm room, then this is the perfect rating for you.



For the feeling of a **warm quilt**, but without the extra insulation, choose 7.5 or 9 tog. This is also good if you sleep in a reasonably warm room.



Quilts classified as 10.5 and 12 tog are **extra warm**. If you sleep in a cool room or often feel cold at night, this is a good choice for you.



Year round quilts consist of two quilts which can be used together to form an **extra warm quilt**, or simply by themselves. One is a thinner **summer quilt** and the other is a little bit thicker.

01 **MYSA VETE single quilt 4.5+7.5 TOG £70**

A down quilt for all seasons. A cool, thin summer version and a thicker one combine to make an extra-warm and thick quilt for winter nights. Filling with a high share of down gives a soft, airy, fluffy and insulating quilt. The filling absorbs and transports moisture away. Outer fabric of cotton breathes and helps keep the quilt dry. Machine wash 60°C. 150x200cm. 601.314.80

02 **MYSA STRÅ single quilt 7.5 TOG £15**

A medium-thick synthetic quilt, for if you are neither too warm nor too cold at night. Filling of 100% polyester hollow fibre gives the quilt a soft and airy feel. Outer fabric of cotton/polyester, easy to care for and dries quickly. Machine wash 60°C. 150x200cm. 801.291.98

03 **IKEA 365+ MYSA single quilt 4.5+7.5 TOG £60**

A cellulose and synthetic quilt for all seasons. A cool, thin summer version and a thicker one combine to make an extra-warm and thick quilt for winter nights. Filling of 50% easy-care lyocell absorbs and transports moisture away to keep you dry at night. Filling of 50% polyester hollow fibre gives the quilt a soft and airy feel. Outer fabric in lyocell/cotton, an easy-care blend that breathes, absorbs and transports moisture away to keep you dry at night. Machine wash 60°C. 150x200cm. 501.321.97

04 **MYSA RÖNN single quilt 6 TOG £20**

A thin, lightweight feather quilt for people who often feel warm and prefer a cool quilt. Filling with a large proportion of feathers adds resilience and transports moisture away. Outer fabric of cotton breathes and helps keep the quilt dry. Machine wash 60°C. 150x200cm. 001.319.11



01

01 **new LACK wall shelf £13** Fibreboard/acrylic paint. 110x26, thickness 5cm. High-gloss white. 301.937.33

02 **TISDAG LED work lamp £52** Wrought iron, uses LED lighting. Adjustable arm for easy light direction. 57x58, shade Ø12cm. White. 401.968.73

03 **MALIN FIGUR single quilt cover set £50/3pcs** 100% lyocell, a material that absorbs and transports moisture away and keeps you dry all night long. Quilt cover 150x200cm. 2 pillowcases 50x80cm. Multicoloured. 002.247.31

02

03 **MALIN FIGUR**
single quilt cover set

£50/3pcs



Sleep on it for 90 days!

It takes time for you and your new mattress to get used to each other. That's why we give you 90 days to be sure you're compatible. If the chemistry isn't right, simply bring your mattress back and choose another style.* When you've found your perfect match, you can sleep easy for years to come with our **free 25-year guarantee**.
* Terms and conditions apply. Contact your local store or see online for full terms and conditions.

What to put on when you're naked

Wear something that suits you, even when you're wearing nothing at all. Flowers or checks, stripes or squiggles, there are masses of bedlinen sets to choose from at IKEA, together with other soft furnishings, all designed with your own personal style in mind. A style that you can then change to suit the time of year, or your fancy. Come to the store to discover your personal dreamscape, or visit IKEA.co.uk

MALIN FIGUR
single quilt cover set
£50/3pcs



MALIN FIGUR single quilt cover set £50/3pcs
100% lyocell. Quilt cover 150x200cm.
2 pillowcases 50x80cm. Multicoloured. 002.247.31



EMMIE RUTA single quilt cover set £25/3pcs
100% cotton. Quilt cover 150x200cm.
2 pillowcases 50x80cm. Pink/white. 002.167.12



new LAPPLJUNG RAND single quilt cover set £15/3pcs 100% cotton. Quilt cover 150x200cm. 2 pillowcases 50x80cm. Multicoloured. 202.298.55

01 EMELINA KNOPP
single quilt cover set

£10/3pcs



02

03

01 EMELINA KNOPP single quilt cover set £10/3pcs 100% cotton. Quilt cover 150x200cm. 2 pillowcases 50x80cm. White/pink. 001.985.29

02 EMMIE SÖT single quilt cover set £30/3pcs 50% lyocell/50% cotton. Quilt cover 150x200cm. 2 pillowcases 50x80cm. Multicoloured. 802.166.90

03 EMMIE BLOM single quilt cover set £40/3pcs 100% lyocell. Quilt cover 150x200cm. 2 pillowcases 50x80cm. Multicoloured. 302.113.98



new PALMLILJA single quilt cover set £25/3pcs 55% lyocell and 45% cotton. Quilt cover 150x200cm. 2 pillowcases 50x80cm. Striped/lilac. 202.247.87



NYPONROS single quilt cover set £25/3pcs 100% cotton. Quilt cover 150x200cm. 2 pillowcases 50x80cm. White/blue. 601.891.45



BLADVASS
single quilt cover set
£3/3pcs

BLADVASS single quilt cover set £3/3pcs 52% polyester and 48% cotton. Quilt cover 150x200cm. 2 pillowcases 50x80cm. White/blue. 201.969.49

Kinder cotton! This quilt cover can be recycled and was made without optical brighteners or chlorine bleaching.



SMÖRBOLL single quilt cover set £15/3pcs 100% cotton. Quilt cover 150x200cm. 2 pillowcases 50x80cm. Green. 801.799.61



DVALA single quilt cover set £20/3pcs 100% cotton. Quilt cover 150x200cm. 2 pillowcases 50x80cm. Striped/multicoloured. 102.254.19



BRUNKRISSLA single quilt cover set £15/3pcs 100% cotton. 1 quilt cover 150x200cm. 2 pillowcases 50x80cm. Black/grey. 300.995.42

All quilt cover sets on these pages are also available in double and king-size.



01

- 01 **IKEA PS 2012 LED wall lamp £42** Steel and aluminium. Built-in LED light source. 90x55, H30cm. White. 202.077.78
- 02 **DUKEN king-size bed frame with slatted bed base £210** Choose one of our two machine washable head board covers, sold separately. Powder-coated steel and 100% cotton. 166x215, H107cm. Takes mattress size 160x200cm. Idse multicoloured. 299.031.31
- 03 **STENKLÖVER king-size quilt cover set £30/5pcs** 100% cotton. Quilt cover 240x220cm. 4 pillowcases 50x80cm. White/red. 302.254.75
- 04 **POLARVIDE throw £3** Fleece made of 100% polyester. 130x170cm. White. 200.899.25

02

DUKEN king-size bed frame with slatted bed base

£210

03

04

It all depends on your frame of mind

A bed frame doesn't just hold your mattress. It expresses your personal style. Some have a soft head support for comfy cuppas in the morning. Others provide practical storage, for bedlinen, books or whatever you want to tuck away. Here are just a few of our bed frames and styles. Discover more in store or visit IKEA.co.uk



DUKEN double bed frame with slatted bed base £135 146x215, H107cm. Headboard is comfortable to lean against. Headboard covers sold separately. 299.031.74
SULTAN LURÖY slatted bed base and SKORVA midbeam are included in the price but packaged separately.



FJELLSE double bed frame £55

FJELLSE double bed frame with slatted bed base £55 Untreated solid pine. 147x207, H80cm. 298.876.16
SULTAN LADE slatted bed base included in the price but packaged separately.



LEIRVIK double bed frame with slatted bed base £105 Powder-coated steel. 148x209, H146cm. Takes mattress size 140x200cm. White. 798.876.28
SULTAN LURÖY slatted bed base and SKORVA midbeam are included in the price but packaged separately.



MALM double bed frame with slatted bed base £125 Oak veneer. 157x211, H77cm. Takes mattress size 140x200cm. White stained oak. 798.876.33
SULTAN LURÖY slatted bed base and SKORVA midbeam are included in the price but packaged separately.



BRIMNES double bed frame with slatted bed base £165 Foil finish. 146x206, H47cm. Takes mattress size 140x200cm. White. 299.029.33
SULTAN LURÖY slatted bed base and SKORVA midbeam are included in the price but packaged separately.



NORDLI double bed frame with slatted bed base £205 Foil finish. 145x212, H100cm. Takes mattress size 140x200cm. White. 799.031.43
SULTAN LURÖY slatted bed base and SKORVA midbeam are included in the price but packaged separately.



SVELVIK double bed frame with slatted bed base £145 Steel. 148x206, H131cm. Takes mattress size 140x200cm. Black. 698.895.57
SULTAN LURÖY slatted bed base and SKORVA midbeam are included in the price but packaged separately.



HEMNES double bed frame with slatted bed base £165 Stained solid pine. 154x211, H122cm. Takes mattress size 140x200cm. Black-brown. 298.895.16
SULTAN LURÖY slatted bed base and SKORVA midbeam are included in the price but packaged separately.



BIRKELAND double bed frame with slatted bed base £265 Foil finish. 151x210, H119cm. Takes mattress size 140x200cm. White. 998.875.90
SULTAN LURÖY slatted bed base and SKORVA midbeam are included in the price but packaged separately.

FREE
25
Year
Guarantee

We've already tested our mattresses!

That's how we know that they will cope with 25 years of slumber, and all the moving around that involves. We can even guarantee it. Because we have a machine that tests all our SULTAN mattresses and rolls around on them 49,876 times. Which is equivalent to 25 years' use.

What is covered under this guarantee?

This guarantee covers defects in materials and workmanship in the following components of the SULTAN mattresses and/or mattress bases: wooden frame and springs in sprung bases, springs in reversible sprung mattresses, foam core in polyurethane mattresses, latex core in latex mattresses, wooden frame and slats in slatted bed bases, and electric motor in electrically operated beds (5-year guarantee). The guarantee applies to domestic use only. The guarantee starts from the original date of purchase of the product. The purchase receipt or original delivery note must be presented for the guarantee to be valid.



You can do it all yourself. But you don't have to!

We'll help you with everything from taking your new bed home and assembling the frame, to shopping from home and dividing the cost into manageable payments. Ask our expert staff at the IKEA store.



Picking and Delivery Service

If you love to get home furnishing inspiration in our stores, and love our furniture products but are not so keen on fetching them from the shelves yourself, then why not leave the picking and the delivery to us. Just order and go!*

* Applies to furniture items only. Ask in store for more details.



Assembly Service

Most IKEA products are designed in such a way that they can easily be assembled by the customer. That way, you get the very best value. However, if you prefer, you can leave the assembly of your purchase to our professional, independent partners in your area for a competitive price. This service includes a free **1-year workmanship guarantee** and disposal of packaging in an environmentally friendly way.



Home Delivery Service

Most IKEA products are flat-packed and designed in such a way that they are easy for you to take home yourself. However, we can arrange same day/next day* home delivery for you within the store delivery area for a great price. Please enquire at an info desk to check if your postcode falls inside the store delivery area, and for prices for deliveries outside this area if applicable. Terms and conditions apply.

*Same/next day delivery is subject to availability.

If you would like to find out more about our services, visit your local IKEA store or go to [IKEA.co.uk/service](https://www.ikea.co.uk/service)

NORDLI
king-size bed frame

£240

Click for comfort!

As well as reading this brochure, you can log on to our expert mattress guide at IKEA.co.uk, a tool which helps you to choose a mattress that's perfect for your comfort. Use our quick and easy selector, and you'll soon be sleeping soundly in your ideal bed, waking up refreshed and raring to go. Just click on IKEA.co.uk/mattressguide

**ALL BROCHURE PRICES ARE MAXIMUM PRICES VALID UNTIL 21 JULY 2013
(PRICES ARE SUBJECT TO ANY ALTERATION IN VAT)**

For opening hours and directions for your nearest IKEA store visit IKEA.co.uk

